

BADGER



**Badger Mid Winter Swim
February 7 - 9, 2014
#140208**

Badger Mid Winter Swim

February 7-9, 2014

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #140208
- LOCATION:** Lehman College APEX Aquatic Center
250 Bedford Park Boulevard West
Bronx, New York, 10468
- FACILITY:** The competitive course is 7-13 feet deep. The shallow end of the pool will be available for warm-up, warm-down, throughout the meet. (Coaches must monitor their swimmers in the warm-up lanes).

The pool **has not** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **Session I – Friday: Warm Up No Sooner than 4:30pm; 5:30PM Start**
Session II – Saturday: Warm Up No Sooner than 8:00AM; 9:00AM Start
Session III – Saturday: Warm Up No Sooner than 1:00PM; 2:00pm Start
Session IV – Sunday: Warm Up No Sooner than 8:00AM; 9:00AM Start
Session V – Sunday: Warm Up No Sooner than 1:00PM; 2:00PM Start
- FORMAT:** This meet is a timed final event.
The meet will be deck seeded.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
No “Deck Registrations” will be accepted
Age on **February 7, 2014** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete’s coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **All Athletes 12 & Under are limited to a total of eight (8) events: six (6) individual and two (2) relays**
All Athletes 13 & Over are Limited to a total of eight (8) events: seven (7) individual and one (1) relay
Deck entries will not be accepted.
NT entries will not be accepted.
Hy-Tek entries will be accepted. An entry summary must be received by January 15, 2014
The 1650, 500 and 400IM will run fastest to slowest, and may be limited to the 3 fastest girl heats, and 3 fastest boys heats. Swimmers must provide their own timer for the 1650 and 500 freestyles.
U.S. Mail Entries/Payment to:
Badger Swim Club
119 Rockland Avenue
Larchmont, NY 10538
Email Entries/Confirm Entry Receipt: **badgermeetentries@gmail.com**
- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **January 15, 2014**.
2: The final entry deadline for this meet is **January 22, 2014**
3: Metro entries received between **January 15, 2014** and **January 22, 2014** and all entries from other LSC’s will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$4.00** per individual event and \$8.00 per relay event must accompany the entries.
Make check payable to: **Badger Swim Club**.
Payment must be received by **January 22, 2014** for email entries. Payment must be included with all mail

entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

- WARM-UP:** General warm-up with assigned lanes for the first 45 minutes. Sprints will be available the last 15 minutes. Coaches are responsible for enforcing feet first entry during warmup.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Awards will be given in all events for 1st through 8th places..
- OFFICIALS:** **Meet Referee: Phil Johanson – Philip.a.johanson@citi.com**
Officials wishing to volunteer should contact Meet Referee by **January 22, 2014.**
- ADMIN. OFFICIAL:** **Administrative Official: Wendy Martinez – wendy.martinez1@lehman.cuny.edu**
- MEET DIRECTOR:** **Lucy Johanson – 9148341084**
badgermeetentries@gmail.com
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
Water depth from end of pool in shallow end is: 13 feet at 1 meter / 12 feet at 5 meters
Water depth from end of pool in deep end is: 7 feet at 1 meter / 7 feet at 5 meters
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Lehman College, Badger Swim Club**, and Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There is NO FLASH PHOTOGRAPHY at the start of races.**
- DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. Deck changing at Lehman College is Prohibited and if witnessed, may result in disqualification from the meet by the Referee/Official.
- ADMISSION:** Adults **\$5.00** Children **\$2.00 per session** Session Programs: **\$3.00**
The stands must be cleared after each session
- MERCHANTS:** TBA
- PARKING:** Parking: Free Parking for Coaches with USA Swimming Credentials
\$5.00 fee all-day parking at College Supervised Lot, (100 yards from APEX).

DIRECTIONS: By Train

IRT No. 4 or the IND "D" line to Bedford Park Boulevard. The campus is a three-minute walk to the west. For more information about subway service to the Lehman campus, call the New York City Transit Authority at (718) 330-1234. Metro North's Harlem line has a local stop at the Botanical Gardens station. The campus is about 12 blocks due west on Bedford Park Boulevard. Call Metro North for information about fares and schedules (212) 532-4900.

By Bus

Nine Bronx buses including the 2, 10, 22, and 28 have stops at Lehman College. Liberty Lines BXM4 express buses from Manhattan stop near the campus, at Bedford Park Boulevard and the Grand Concourse. Good connections are available on Westchester 20 or 20X buses from White Plains, Hartsdale, Scarsdale, and Yonkers via Central Park Avenue. The No. 4 from Yonkers also stops near the campus. For more information about taking a bus to the Lehman campus, call (718) 330-1234 (Bronx buses) or (718) 652-8400 (Liberty Lines) or (914) 682-2020 (Westchester buses).

By Car

From Manhattan - East Side Via East River Drive to Willis Avenue Bridge (or Triborough Bridge - Bronx spur) to Major Deegan Expressway (I-87) north to Van Cortlandt Park South exit. Follow directions from the Major Deegan Expressway.

From Manhattan - West Side Via West Side Highway north (it becomes Henry Hudson Parkway) to Mosholu Parkway exit. Follow directions from the Henry Hudson Parkway.

From Westchester

· Via New York State Thruway (I-87) south (it becomes Major Deegan Expressway) to Van Cortlandt Park South exit. Follow directions from the Major Deegan Expressway.

· Via **Saw Mill River Parkway south** (it becomes Henry Hudson Parkway) to Mosholu Parkway exit. Follow directions from the Henry Hudson Parkway.

· Via **Bronx River Parkway south** to Gun Hill Road exit. Make a right from exit ramp and take Gun Hill Road West to Jerome Avenue. Turn left onto Jerome, following the

MEET EVENTS**Session: 1 Friday PM****Day of Meet: 1 Starts at 05:30 PM****Events**

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|---|------------------------|---|-----------------------|
| 1 | Girls 50 Freestyle | 2 | Boys 50 Freestyle |
| 3 | Girls 11 & Over 400 IM | 4 | Boys 11 & Over 400 IM |

Session: 2 Saturday AM**Day of Meet: 2 Starts at 09:00 AM****Events**

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|----|--------------------------------------|----|-------------------------------------|
| 5 | Girls 10 & Under 100 Freestyle | 6 | Boys 10 & Under 100 Freestyle |
| 7 | Girls 8 & Under 25 Freestyle | 8 | Boys 8 & Under 25 Freestyle |
| 9 | Girls 10 & Under 50 Freestyle | 10 | Boys 10 & Under 50 Freestyle |
| 11 | Girls 8 & Under 25 Breaststroke | 12 | Boys 8 & Under 25 Breaststroke |
| 13 | Girls 10 & Under 100 Breaststroke | 14 | Boys 10 & Under 100 Breaststroke |
| 15 | Girls 8 & Under 50 Breaststroke | 16 | Boys 8 & Under 50 Breaststroke |
| 17 | Girls 10 & Under 50 Butterfly | 18 | Boys 10 & Under 50 Butterfly |
| 19 | Girls 8 & Under 100 Freestyle Relay | 20 | Boys 8 & Under 100 Freestyle Relay |
| 21 | Girls 10 & Under 200 Freestyle Relay | 22 | Boys 10 & Under 200 Freestyle Relay |
| 23 | Girls 8 & Under 100 IM | 24 | Boys 8 & Under 100 IM |
| 25 | Girls 10 & Under 200 IM | 26 | Boys 10 & Under 200 IM |

Session: 3 Saturday PM**Day of Meet: 2 Starts at 02:00 PM****Events**

27	Girls 11-12 200 Freestyle	28	Boys 11-12 200 Freestyle
29	Girls 200 Freestyle	30	Boys 200 Freestyle
31	Girls 11-12 50 Backstroke	32	Boys 11-12 50 Backstroke
33	Girls 200 Backstroke	34	Boys 200 Backstroke
35	Girls 11-12 50 Breaststroke	36	Boys 11-12 50 Breaststroke
37	Girls 100 Breaststroke	38	Boys 100 Breaststroke
39	Girls 11-12 50 Butterfly	40	Boys 11-12 50 Butterfly
41	Girls 100 Butterfly	42	Boys 100 Butterfly
43	Girls 11-12 200 Freestyle Relay	44	Boys 11-12 200 Freestyle Relay
45	Girls 200 Medley Relay	46	Boys 200 Medley Relay

Session: 4 Sunday AM**Day of Meet: 3 Starts at 09:00 AM****Events**

47	Girls 8 & Under 50 Freestyle	48	Boys 8 & Under 50 Freestyle
49	Girls 10 & Under 100 Backstroke	50	Boys 10 & Under 100 Backstroke
51	Girls 8 & Under 25 Backstroke	52	Boys 8 & Under 25 Backstroke
53	Girls 10 & Under 50 Backstroke	54	Boys 10 & Under 50 Backstroke
55	Girls 8 & Under 25 Butterfly	56	Boys 8 & Under 25 Butterfly
57	Girls 10 & Under 100 Butterfly	58	Boys 10 & Under 100 Butterfly
59	Girls 8 & Under 100 Medley Relay	60	Boys 8 & Under 100 Medley Relay
61	Girls 10 & Under 200 Medley Relay	62	Boys 10 & Under 200 Medley Relay
63	Girls 9-10 500 Freestyle	64	Boys 9-10 500 Freestyle

Session: 5 Sunday PM**Day of Meet: 3 Starts at 02:00 PM****Events**

65	Girls 100 Freestyle	66	Boys 100 Freestyle
67	Girls 11 & Over 1650 Freestyle	68	Boys 11 & Over 1650 Freestyle